Moon Phases



Full Moon: October 27th in Taurus at 11:07 pm (EST) Lunar Eclipse at 11:05 pm

When the moon is full in the earthy sign of Taurus, your may feel extra possessive. This moon may highlight personal financial matters, vehicles, benefits and professions. For more information on how this eclipse may affect you directly, please see Susan Miller's article on page 26.

New Moon: October 13th in Libra at 10:48 pm (EST) Solar eclipse at 11:00 pm

When the Moon is new in the airy sign of Libra, it encourages diplomacy and tact. The Libra moon may highlight marriage, partnerships, legal matters and small animals. For more information on how this eclipse may affect you directly, please see Susan Miller's article on page 26.

Moon Voids:

When the moon is void-of-course, this is the period of time when the moon has made its last major aspect to a planet within one sign before entering another sign. As with retrograde periods of the planets, new projects started during void-of-course moon times usually do not come to fruition or work out as planned. During a moon void, the moon is in a time that is not time, in a space that is not space - it is a celestial void where neither positive or negative energies behave as they normally do. To add to it, moon voids never last for the same length of time. They can last anywhere from ten minutes to a day and a half. A list of some general rules of things not to do during a moon void are:

Don't do magick

Don't make major decisions Don't make major purchases Don't begin or complete any magickal operations

Don't make any major repairs
The void of course moon is a great time for relaxation and more spiritual pursuits such as studying or taking a walk in the woods. It is like a cosmic time-out and can be advantageous if used properly.



Moon Voids for October are:

(All times are EST) $2^{nd} - 12:34 \text{ pm} - 2:55 \text{ pm}$ $4^{th}/5^{th} - 6:28 \text{ am} - 2:54 \text{am}$ $7^{th} - 8:13 \text{ am} - 3:23 \text{ am}$ $9^{th}/10^{th} - 6:42 \text{ am} - 2:00 \text{ am}$ $12^{th} - 3:32 \text{ am} - 9:32 \text{ am}$ $14^{th} - 10:22 \text{ am} - 2:10 \text{ pm}$

16th – 11:43 am – 4:58 pm 18th – 11:46 am – 7:07 pm

 $20^{\text{th}} - 5.59 \text{ pm} - 9.38 \text{ pm}$

 $22^{\text{nd}} - 8:20 \text{ am} - 9:49 \text{ pm}$

 $25^{th} - 1:17 \text{ am} - 6:24 \text{ am}$ $27^{th} - 8:24 \text{ am} - 1:37 \text{ pm}$

29th – 5:50 pm – 11:11 pm

 $31^{st}/1^{st}$ – 8:21 pm – 9:53 am



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Reflections...

By: Christine Navarro, founder and editor of Moon Shadows

There are many people who pass through our lives. There are also many people who take this journey with us. Some for just bits and pieces of the journey; others for the whole ride.

For twenty years now, I have been taking a journey with my partner, my husband, and friend. It really can blow your mind when you stop to think that you have spent over half your life with one person. At the same time, it is quite amazing and these days, quite an accomplishment. This journey is in no way easy. In fact, I would have to say that it is one that requires the most patience, maintenance, headache, heartache and work. At the same time, it also rewards you with love, laughter, tears, happiness and contentment.

My husband, Al, and I have been on this journey together since we met in high school at the age of sixteen. Ahhh those carefree days of young love. Who wouldn't trade the big issues of the time of I think he likes her or she likes him instead of me for the trials of trying to hold it all together with kids, work, school, bills, in-laws and the God awful nightly question of what's for dinner?

Every little girl wishes for her knight in shining armour. The princess waiting for her prince to come. Then we grow up and realize that fairy tales are just that – tales told of things that are made up from the imagination of others. They are not something that we can attain in this lifetime, on this level. They are, after all, just that, fairy tales.

I am sorry, but I am a big fan of fairies and love their tales.

When I stop to look at my life and this relationship specifically, I see that I do in many ways have my own fairy tale happening. Ok, maybe minus the castle and servants.

I was fortunate, at a young age yet, to find a man who seen something within me that he loved and adored. And yes, he was also lucky to find a woman who looked at him and seen the beauty of all he could become with someone who loved and believed in him.

This same man is a wonderful father to our children. He always puts all his 'girls' above himself in every way. It is beautiful to think that in the eyes of our children, he knows more than anyone else in the world.

He himself is still very much a child at heart. He is still willing to learn, laugh and act silly even if the mood doesn't always call for it.

He is kind, compassionate, and caring toward every living thing. There is nothing he would not do for anyone, sometimes actually to a fault. He loves and respects nature, the environment and the animal kingdom.

He is a beautiful man. He is my prince. More than that, I am not sure if there could ever be another man that could treat me more like a princess that he has in our life. He has created quite the thrown for me.

Deep within my heart, I have always felt that although we do not have 'everything' materially that many other people do, my fairy tale is not based on the monetary rewards of life. We do have something that very few people these days do have. A love that has done a pretty good job so far of standing the test of our time together. A family that is beautiful in many ways. An open and honest relationship that has helped us to change and grow with each other instead of without each other. I have someone who does not hang up the phone without saying I love you. Someone who does not go to bed without kissing me goodnight and letting me know he loves me. Someone who makes sure that the first thing he does when he walks through the door at the end of the day is kiss me. Someone who can simply put his arms around me and make me feel safer than anything else I have ever experienced. Someone, who twenty years later, is still my best friend and many times the one and only person I know I can depend on and trust. It is amazing that twenty years and two kids later, I know that when he looks at me, I am just as beautiful to him as I was the day we met. Maybe he really does need new glasses?

Twenty years later, I wake up every morning looking at one of the most handsome men I have ever seen. Eyes that look back at me that can say "I love you" without his lips moving. I have a partner that supports me, even when it tests his faith and trust without hard facts of how things will be. I have someone who loves me, fully and completely for all that I am and all he knows I am capable of being.

That's the short version of my fairy tale. And you know what? I would not trade a single aspect of it for any other one. My Dearest Alfred....I love you and am really thankful each and every day for all that we have shared and become together.

This one's dedicated to you. Happy birthday!!

"Now I look into your eyes
I can see forever
The search is over
You were with me all the while."
~ Survivor, The Search Is Over

There is no difficulty that enough love will not conquer;

no disease that enough love will not heal; no door that enough love will not open; no gulf that enough love will not bridge; no wall that enough love will not throw down;

no sin that enough love will not redeem... It makes no difference how deeply seated may be the trouble;

how hopeless the outlook; how muddled the tangle; how great the mistake. A sufficient realization of love will dissolve it all.

If only you could love enough you would be

the happiest and most powerful being in the world...

~Emmet Fox~

"The heart is the true temple of God. Since a temple was built, God never lived in it. Since the heart was created, God never left it."

~ Swami Muktananda

Misty's Mind Musings

"War may sometimes be a necessary evil. But no matter how necessary, it is always an evil, never a good. We will not learn how to live together in peace by killing each other's children."

~ Jimmy Carter

The other night I was thinking about the war and when it will finally end. I started to wonder why we were even at war and what purpose it is going to serve us all in the end. I don't understand why it is so wrong for people here to murder other people and how Bush can be pro-life but when it comes to war, it is ok to kill people. I don't understand what all this killing is going to solve or why we can't just settle whatever it is we have to settle by talking and negotiating. I think that war is so unbelievably pointless and immature. You would have thought that history would have taught us something by now. The fact that we have to kill people just to prove our points is so incredibly stupid. One of the major reasons we go to war is for money reasons and because we want to be richer or in control. I think it is sick how a piece of paper controls our whole lives.

I often wonder what life would be like if we had no money at all. We would all work together better and everyone would be able to trade and there would not be all this greed and hate in our world. What if everyone lived in peace and no one cared what color, religion, race, weight, height or class you were in? What if we were all equal and you were not defined by how much money you had? Well, in reality, that is how the world is. There is so much discrimination in the world, it is very sad. It is so horrible that we are killing people right now and that thousands of lives have been

taken because of how corrupt our world is. Everyone is out to be on the top and the only way that it seems that can be done is by having loads of cash and a strong military to kill the people who are weaker than us.

This war is not going to solve anything. It is just going to make things worse. Especially when we are fighting a war and no one knows anymore what we are fighting for. The only way that we can live in peace is if we stopped wanting to have power and control and accepted everyone the way they are.

"Imagine there's no countries. It isn't hard to do.
Nothing to kill or die for.
No religion too.
Imagine all the people
Living life in peace..."
~ John Lennon

~* MiStY l. NaVaRrO *~

I am very proud and honored that my daughter Misty continues to be a contributing writer for Moon Shadows. I welcome her wisdom and always believe that children are our best teachers. Misty can be contacted at lilmaythegreat09@aol.com



One is left with the horrible feeling now that war settles nothing; that to win a war is as disastrous as to lose one.

~ **Agatha Christie (1890 - 1976)**, *Autobiography (1977)*

Monthly Magick: The Enchantments of October

by Wendi Friend

Voyage through an enchanted garden -- a place where scents of crisp apple blossom, tart cherry and succulent strawberry tickle your fancy. Imagine a place touched by magick, a charm allowing Divas, the faeries of medicinal plants, to nurture crops for final harvest. Tread lightly through the garden of herbs and flowers - marigold, angelica, thyme each gently caressed by frost faeries in preparation as Old Man Winter plans to retake his throne. Follow the stag, whose keen scent; grace; and gentle swiftness will show you methods other than force to reach your goals. Climb onto the back of the elephant who will help you remove obstacles and barriers. The elephant, always being willing to learn new things, can help rebuild confidence for endeavors related to education and career. Run with the ram, learning to keep your balance when danger is near. Open vourself to the wisdom of nature so when the Heron flies above, you'll recognize a need to watch patiently for results and become more methodical when it comes to procedures. Or when the Robin sings in your ear, you'll know the song of happiness in new beginnings. In this garden, there are no veils separating you from lost loved ones and a great feast and celebration await you. Here, the realms of thought and emotion merge as air and water dance together in the heavens and the Sun King relinquishes his position to the Moon Goddess - allowing nights to rule over days. Here is a place you can let go, find inner cleansing and harmony, iustice and balance. Here is the most magickal time of the year. Welcome to the enchantments of October.

To begin with, let us explore the two dictating energies of October: Libra, who rules from September 23 – October 22; and Scorpio, who carries the torch from October 23 – November 21. Libra is ruled by Venus, governor of justice. An air sign, the Libra stimulates mental activity, motivation, intellect, and social relations formulated on ideals. Scorpio, a water sign ruled by Pluto, is an emotional sign that stretches beyond the realm of home and family and into the need for understanding and control of human relationships as they relate to the obscurities of life and death. That being said, October promises to prompt in our physical realm several varieties of analysis and reform - on inner and outer planes.

Coupled with the Sun's relationship with to the planets, also observe the placement and influence of the moon as she relates to the talismans of the sky. Each month, the moon travels a 28 day expedition through the heavens, encountering each of the twelve signs of the zodiac. She stays within the influences of each sign for a period of about two and a half days. During that period, our subconscious minds (or our spiritual selves) are subject to those influences too. By keeping an eye on an astrological calendar, one can easily stay attuned to the energies influencing our environment. Each of the astrological energies can assist with various aspects of your life, goals, and dreams. By attuning to them, you can better plan when to start new projects, apply for jobs, start diets, or any number of personal needs. On occasion (about every 2 1/2 days for a few hours), when the moon is in between signs of the zodiac, we experience a time of disorientation – this phase of the moon is known as being void of course. This will happen 14 times in the month of October

- on the 2nd, 4th, 7th, 9th, 12th, 14th, 16th, 18th, 20th, 22nd, 25th, 27th, 29th, and 31st. When the moon is void of course, it's a good time to do nothing at all! Projects started while the moon is void of course are said not to pan out in the long run. You can find void of course dates on your astrological calendar as well.

In addition to her encounters with the solar system, the moon experiences her own cycle, a process of waxing (growing) and waning (reducing). While the moon is waxing, things come into our lives and we're drawing in energy. When she's waning, we're expelling energy and eliminating things. Between those two phases, the moon reaches her peak, known as the full moon. October's moon is known as the Harvest Moon, or Blood Moon, and brings with it a power flow of inner cleansing, letting go, justice and balance, inner harmony, karma, and reincarnation. October's moon is new on the 6th, with the moon in Libra. On the 13th, while in Capricorn, the moon enters her second quarter. The full moon of October is in Aries on October 21st, and the last quarter begins on the 29th, with the moon in Leo.

The heavens offer us quite a bit of enlightenment when we observe the bewitching dance in the sky with the third eye, but the earth bears fruits of her own from which great nourishment and benefit can be obtained for those who respect her bounty. Each month, certain elements and energies dominate the realm of magick on Earth. Here are October's offerings, obtained from <u>Diana's Magick</u> Circle:

Trees:

· Cypress (Longevity, Healing, Comfort, Protection)

Acacia (Protection, Psychic Powers)

Flowers:

• Marigold (Protection, Prophetic Dreams, Legal Matters, Psychic Powers)

Herbs:

- Angelica (Exorcism, Protection, Healing, Visions)
- Thyme (Health, Healing, Sleep, Psychic Powers, Love, Purification, Courage)

Scents:

- · Apple blossom (Love, Healing, Garden Magic, Immortality)
- · Cherry (Love, Divination)
- · Strawberry (Love, Luck)

*Stones:

- Opal (Intuition, Insight, Inner light, Dreaming, Visionary, Amplifier, Love, Passion, Spontaneity, Visualisation, Imagination, Healing)
- Tourmaline (Protection, Clears negativity)
- · Turquoise (Communication, Healing, Relaxation, Abundance, New friends, Stress, Tension, Spiritual love, Absorbs negativity, Protection from the evil eye, Wisdom, Balances male/female energy)

Elementals:

- Frost Faeries
- · Plant Faeries

Animals:

- Stag
- · Jackal
- · Elephant
- · Ram
- · Scorpion

Birds:

- · Heron
- · Crow
- · Robin

For more information on the magickal attributes of elementals, animals, and birds, visit Enchanted-Elements.com.

While the combination of Heavenly and Earthly enchantments lend great tools to human insight, we've not even begun to scratch the surface of the magick of October! Aside from the influences and attributes already listed, October's magick extends to Samhain, Halloween, and the history of October's magick.

Voyage to an enchanted era, a time when belief was openly strong in the faerie and Otherworld realms. Venture back three thousand years to the origin of Halloween, otherwise knows as All Hollow's eve, or All Saints Day. Traditionally, Halloween was a festival celebrated by the Celts - a time of the last harvest of the year. Three thousand years ago death was always nearby, although not feared and dreaded as it is now. **Ancient Celts wanted nothing more than** to be remembered with honor by their tribe at the feast of the dead, held on All Hollow's Even, the night before Samhain (Samhain means November). On this night, a night of the year that previously didn't exist, it was believed that spirits from other realms were able to walk the earth and visit loved ones. Of course, not all wandering spirits were of a loving, tender nature - so the tradition began of leaving out gifts of food, drink, and "treats" to stay on the good side of bad spirits. Herein lays the origin of "trickor-treating" on Halloween. Dressing in costume, pretending to be someone or something different than you are, and

wandering the streets, was in effort to blend in with or confuse the "real" ghosts and goblins wandering the dark neighborhoods at night.

Another fun tradition of October's holiday festivities is the carving of pumpkins. But the Jack O' Lantern was vet another tall tale stretched through time and cultures to become what it is in present day. It is said that Jack, a poor dumb soul who tried to trick the devil, didn't make it into heaven and was forbidden to enter hell. Cursed by the devil and handed a hollowed out turnip with a peace of coal in it for a lamp, Jack - not dead, not alive, wandered aimlessly through time to infinity and beyond. Of course, by the time the legend reached America, according to Buried.com, the turnip had become a pumpkin and the coal became a candle.

Samhain, or All Hollow's Eve, is still celebrated today by many as the night of the dead. Those who follow the pagan practices or ways of witchcraft honor the night when the veil is said to be the thinnest between the living and the dead. White candles are lit, offerings are prepared (offerings, not animal sacrifices!), and loved ones who've passed to the other side are both honored and welcomed. Being that this is said to be the most magickal night of the year, tradition also tells that this is the time for most accurate divination through the use of tarot, runes, and other forms of scrying.

Children far and wide dress as ghosts and goblins, cartoon characters, and famous rock-stars, but more common than any costume in time is that of the witch... or is it a costume? Present day witches celebrate the holiday in all of its form, including that known to them: the witch's

New Year. Samhain marks the end of the wheel of the year and the beginning of a new year of astrological influences, heavenly guidance, earthly enchantments, and monthly magick.

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Author: D.J. Conway

Publisher: Llewellyn Publications, 2002

ISBN: 1-56718-168-6

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*Annwn's Cauldron http://www.annwnscauldron.com/

Enchanted Elements http://www.enchanted-elements.com

Author Bio: Wendi Friend, formerly known as Wendi L. Cali, is a freelance writer – born in Lincoln, Nebraska; raised in Las Vegas, Nevada. Wendi has written for an eclectic following of readers, producing picture book texts, historical fiction, inspirational poetry, and informative articles. Currently, Wendi serves as Editor-in-Chief of RITRO.com, a volunteer Web community based on Real Insight Through Raw Opinion. Wendi's most recent publishing

credit is the acceptance of her piece, "And Then He Kissed Me", to **Dorothy** Thompson's Romancing the Soul Anthology, due to be released by Zumaya Publications in August 2004. To stay in the know about the latest goings on in Wendi's realm of writing, check out the Wendi Friend Writing Page. When not writing, Wendi can be found making magic in the garden, the kitchen, with craft projects, or in the hearts of her children, whom she home-schools. Wendi's personal motto is, "Believe good things because what you believe becomes." Wendi Friend can be contacted by Email: Wendi Friend@Enchanted-Elements.com

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What's Happening to Birds? - More Reports

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July 24, 2004 - Last night on *Coast to Coast AM* radio, I reported about the earth's weakening magnetic field and the many reports I receive about large populations of birds disappearing or even dying. I also asked the Earthfiles and radio audience to let me know about bird anomalies. I have received so many reports today that I am sharing some of them from various regions of the country.

E-mail # 1 - Lusk, Wyoming:

"I recently moved back to Wyoming after a 30-year stint in California. One of the first things I noticed was the lack of birds here. The state bird is the Meadowlark and I have always loved listening to them. They are gone.

Within a week of being here, the only birds I saw were robins, not the normal population of sparrows, finches, swallows, etc. I can remember that most of the trees here were filled with nesting populations of these birds.

About a week ago, I noticed that even the robins were gone. I mentioned it to my brother the other day... where are all the birds? He said I would hear them early in the morning, but I had to disagree. I wake up at 5:30 here and there are no birds chattering early in the morning or in the evening. The sky is devoid of all birds.

For the past week I have been on a search for birds, any birds. I had driven dirt roads way out in the country where you would normally see large populations gathering seeds from the wheat fields, but there are none to be seen, sitting on fences or in the sky.

Very strange.....

When I heard your program last night I decided to tell you about this.

There are also the following missing bird reports in the media:

'Heron colony vanishes into thin air07:26 PM PDT on Wednesday, July 14, 2004 By GARY CHITTIM / KING 5 News POINT ROBERTS, Wash.

Biologists checking in on one of the region's largest heron colonies discovered it was gone. A healthy, thriving heron colony is easy to spot from the air. A heron colony at Tsawwassen is tiny compared the massive Point Roberts colony a few miles to the south or at least it used to be.

Flying over it, there's nothing to see - no birds, no visible nests, just an empty sea of trees. No birds or nests are visible from the air. KING 5 captured video and showed it to Ann Eissinger, the foremost expert on the Point Roberts heron colony. Our pictures confirmed what she witnessed on the ground.

'The last time I went into the colony, it was quiet. Just the feeling I had was there was something seriously wrong here,' she said.

To add to the mystery, Eissinger said just a few weeks earlier, the colony was its loud, active self.

'There were at least a hundred active pairs with young. We don't know what happened to them. The birds just disappeared,' she said