

ZENAURAPOWER

By

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Dedication

First of all I thank Source for giving me the gift of awareness and allowing me to express my thoughts which originate from Source. Our words belong to all of us. No one person owns the truth. Therefore, I dedicate this book to all who are chosen to read it. I do so with all humility. Most importantly I dedicate this creation to my wife, Cheryl, who is my soul mate and spiritual partner. Her reception allowed the conception of “Zenaurapower.” With her love and support this book was born. Even though life gives us ups and downs we prevail and continue to do so because we live the laws of Zenaurapower. For over twenty years we have loved each other by practicing the laws of living in the moment, not judging and letting love shine. Zenaurapower helped us rise up and stay on track.

The book cover design was chosen because we believe my sister Michelle guided our pet cat, Blackie, to us after she passed onto the other side. Blackie was a feral cat who for three years after her birth would not come near people. The day of Michelle's wake, when we arrived home, Blackie came to me and walked between my legs. She has been with us ever since that day eight years ago. We know that life is controlled by God (Source) which includes people, animals, plants, insects, etc. Love bonds us together as one. We truly are one and thankful that we can continue to move with life each eternal moment. We never stop learning as we move upward on the spiritual spiral stairway to heaven. Our journey will never end, thank God (Source).

Preface

Zenaurapower is a means to discover the truth and become one with the Source of life. There is no limit to the amount of power we can obtain as long as we continue to obey the laws of Zenaura. The laws are simple; however, it takes a conscious effort on our part to practice them. The laws are: 1) Live in the moment 2) Don't judge 3) Let love shine. Zenaurapower will take our spirits to the Zenaurazone. When we practice these laws our true purpose for being here on earth is realized. If we don't live by these laws we are disconnected from the Source of life and our Zenaurapower is taken away. We must etch these laws into our consciousness.

Zenaurapower was the name I came up with after many years of practicing the laws and meditating on a name which best describes the reason

why we are on earth. The first part of Zenaurationpower is taken from the word Zenith which is the highest point in the universe. This represents God which we refer to as Source, the Creator of Life. Aurapower the second part of the word Zenaurationpower represents the force within our body, mind and heart (our soul). As we practice the three laws of Zenaurationpower our spiritual aura power increases. Source and God are the same. It is both positive and negative; male and female. This awareness caused this book to be born because of my relationship with my soul mate, Cheryl. We must be negative to Source so It can flow through us. We can compare our connection with Source to electricity. We will explain how Zenaurationpower can change any person who is willing to surrender their will to Source's will, God's will. Based on our experiences we will share what we have done to find love, peace and happiness. When we live the laws of Zenaurationpower our lives change forever.

Our connection with Source is unparalleled to any other philosophy in our opinions. Our lives are enriched beyond belief. Try living the laws of Zenauration for at least thirty days. There will be numerous times we repeat the three laws and the methods used to stay connected with Zenauration. The redundancy is extremely important because it directly mirrors our constant need to continuously obey the three laws; live in the moment, don't judge and let love shine. We wish the faithful and chosen a happy and loving journey without fear to the place of life everlasting. Zenauration will guide us on our journeys. The experience of identifying with Zenauration will lead us to the Zenazone. It starts with faith, hope and belief which lead to understanding and knowing. The proof of an individual's awareness cannot be robbed by negative people. It is important to contain our thoughts and feelings until we become spiritually

strong. The results of one's consistent practice of the laws will enable that person to increase their Zenaurapower to a point where the Zenaurazone becomes their fortress. This is where we belong as human beings. Love, peace and happiness are Source's will for us. There is no limit and there is no end. This opens the spiritual door to unlimited promises of fulfillment of our dreams. The only limit is our imagination. Love, peace, happiness, health, wealth, awareness, oneness with Source, and endless rewards are available to Zenaurapeople. If one has addictions, mental or physical illnesses, a broken heart or any problem that causes stress, pain or suffering Zenaurapower can help one achieve miracles. Source be with all of us who want to identify with the positive aspects of life. When we refer to positive and negative the meanings depend on the applications. For example we represent the negative so we can attract Source (God) which is the

positive. This allows the flow of life (Spirit) to exist. Then we discuss positive forces as good and negative as bad. This is meant to explain the need to identify with the positive rather than the negative. In reality we are not judging good or bad. We are interested in representing Source which is positive and negative. Everyone has positive and negative traits. We need to accentuate the positive rather than the negative.

We become more “God like” as we remain in the Zenaurazone consistently. Life is a paradox. Being both positive and negative; male and female; good and evil or whatever opposites we use has nothing to do with judging in a negative way. We love life above everything so the meanings of the words depend on the applications. If we only judge the words everything is open to debate and no agreement will ever be established. Zenaupower is about balance and the blending of positive and

negative through love. This is what allows us to become one with Source (God) and each other. Source blesses all who want to take responsibility as co-creators. Creativity is our passion and our destinies are filled with promises of endless rewards. We are spiritual divine beings! One of the major aspects of Source is supreme intelligence! This is the reason why we know the truth when we identify with Source.

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Chapter 1

Zenaurapower

Zenaurapower is the positive energy force we obtain by consistently staying connected to Source of Life. Human beings on earth began to connect with this power by worshiping God, the higher power. If we think of the Garden of Eden it could be imagined that human beings were in perfect alignment with God (Source). We were connected to Source as we lived in the moment, did not judge and let love shine. When we ate the forbidden fruit from the tree of knowledge of good and evil (judgment) we started to move out of alignment with Source's energy force. This was the beginning of trouble for human beings. We chose not to follow the laws of living in the moment, not judging and letting love shine. Later we will offer our thoughts on infinity and eternity. The example of the Garden of Eden is

symbolic and we do not want to associate it with a period in time.

Let's imagine we were created to do Source's will on earth. If this is true, which we know it is, we as human beings are co-creators. This thought is needed in order to connect with Source and understand why we are here on earth. If we meditate on the truth we are co-creators it will result in our understanding each individual is responsible for their own actions. "We reap what we sow". "What goes around comes around". Our purpose is to honor Source of Life. It is an invisible force which is at the heart of all creation. It is this vibrational force which causes matter to exist. The paradox is it is both positive and negative. We have the choice to identify with the positive or negative aspects. Zenaurapower is the result of connecting to Source by being negative to It and identifying with the positive aspect. We allow Source's will

to be done. We remain balanced by non judgment and allowing love into our body, mind and heart. Our soul is one with Source. We are aware of the positive and negative forces within us; however, we choose to accentuate the positive force.

When we develop Zenauration we begin to experience the Zenaurazone. This experience increases our insight, intuition, understanding, and wisdom. These are only some of the gifts we receive. The most precious gifts are love, peace and happiness. If we get off track we will experience mental and emotional pain. Based on this we can remain positive and thank God for feeling uncomfortable because we can immediately look to Source and get right back to the Zenaurazone. Repentance happens immediately because Source does not judge. We do not think it is healthy for us to beat ourselves down and admit we are sinners. We must rise

up to a higher form of consciousness in order to remain in the Zenaurazone. When we identify with being a sinner we are sinners. No other person can save us. We must save ourselves by taking responsibility for our own actions. Ultimately it is not what we say it is what we do. "Actions speak louder than words." On the other side of the coin actions do not happen without the "Word". This is another paradox. The truth is a double edged sword. Like the Bible states; "In the beginning there was the Word." Creation starts with the "Word". This is the thought process. Thoughts are invisible which become visible through us by our words and actions. The real work is done by our actions. We were created to allow Source's invisible life force to become visible on earth. We choose to be a conduit of good or evil. When we think and act good we allow a positive love vibration (the light) to enter earth. When

we think and act evil we allow a negative hate vibration (the dark) to enter earth. The identity of being a co-creator is an awesome responsibility. The awareness of this identity is one of the greatest gifts we as human beings can receive. The blessed gift of choice allows us to develop and strengthen our Zenaurationpower. When we choose to get off track our Zenaurationpower is diminished and we have to rebuild it. This is why we need to stay in the Zenaurationzone by not judging, staying in the moment and letting love shine.

When we judge good or evil we interfere with the vibration Source is creating; however, we should discern and process what we think and do. The reference not to judge good and evil means we should not become emotional in a negative way. We should not judge someone or something which creates anger, hate, resentment, etc. Remember the fall of man began when Adam and

Eve (humankind) ate the forbidden fruit from the tree of knowledge of good and evil. When we judge life in a negative way we cause the positive to become distorted and the outcome is no longer the will of Source. This is why we have all the problems in the world. We create them. We cannot blame God when we are being self-centered. Let God's will be done in earth as it is in heaven. Allow God's love to enter the world. When we "let" or "allow" God's (Source's) will to be done we are making a conscious decision for a relationship to occur between the positive (Source) and negative (spiritual human being). This act on our part is more powerful than we can imagine. This is the beginning of us surrendering our will to Source's will. In other words we are taking the first step to develop Zenaurapower and enter the Zenaurazone. This is where miracles happen.

Do not allow anger, hate, resentment, envy, etc. to manipulate our thought process. These evils will control and conquer us. Bless whatever comes our way without negative judgment. Respond don't react. When we react to evil we help evil exist. Let it pass by blessing it without owning it. Let Source take care of evil through perfect non judgment. Realize Source controls the perfect balance of good and evil. There is no place for us to interfere by judging. When we react we attract. Respond with love. Zenauration helps us to let Source's will be done. Our power intensifies as we remain loyal. We must be persistent, patient and disciplined for us to remain connected with Source. When our actions are aligned with Source we are in the Zenauration. This is the state of being at peace and remaining happy. This is God's design for us as spiritual beings. Our body, mind, heart and soul are cleansed as we

remain faithful to the Spirit of Life (Source, God).

Now it is time to meditate on the existence of Source. It is the Spirit of Life. We cannot see the force created by Source just like we cannot see thoughts created by us. Without the existence of Source (Spirit of Life) our body, mind, heart and soul would not exist. We manifest Source as spiritual human beings when we become one with Source. The flow of life requires us to be negative (receptive) to Source (positive). Source (Spirit of Life) gives us life. Just look at our bodies and all living creatures and nature on earth. Now look at the universe and explain why, how and when it was created. Explain infinity and eternity. Who thought of these concepts? Our human minds identify with a beginning and an end because we all experience them. The belief that life is an accident is infantile based on our experience. Our faith and hope allow us