

# **Bipolarity**

**Poems by  
Crystal Charisse  
and  
Lori Rosengrant**

*Bipolarity*

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*From Lori -*

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Crystal - You are the ignited spark that propelled me into poetry, the non-criticizing artistic eye. You point out that I am a contour of myself...hoping my true being will slip from the shadows of indecision & excess, filling in all the rest.

Much Love!

LMR

*From Crystal -*

My contributions herein are dedicated to my children. It is of paramount importance to never break the promises you make to yourself. Delays may happen, but not forfeiture.

For Lori: nothing I could ever do or write could express the gratitude for your driving influence in my writing and my life. You have always been the Yin to my Yang. When you are missing, balance is missing. Thank you for always exposing and heralding the other side of me.

Thank you to the writing and arts community in Central PA. Without the wellspring of your energies and talents bubbling up like an oasis, few seedling writers and artists would ever grow; myself included. Missi McLaren and Carla Juliana Christopher, special thanks to you for your patience and guidance through this maiden project. Any writer should consider themselves blessed for PoemSugar Press to whisper sweet encouragements their way.

Thanks to my parents for working hard to polish the rough cut of me into something more. I know the grinding wasn't easy. Hopefully the shine will be worth it.

And to Newc: With you as the ferryman, I find myself. With you, I no longer drift, I no longer drown. I live to love our journey.

Crystal Charisse

## ***Foreword***

As we move forward, in our journey to create art and live our dreams as artists, we come across many souls that we connect with. I believe that artists form and cement bonds like no other group of people can do. Finding a common ground, in creativity, we are able to nurture and grow these relationships in amazing ways, using art and love to show the world what we are made of.

I met both Crystal and Lori during my own quest for sharing art with the world. Like me, both women were of the mind that we would share our words with the world whether the world was ready for them or not.

It was of this like mind that friendships grew and I was honored to get to know the depth and strength of these two wonderful women. When the idea of PoemSugar Independent Press came about, born from the passion of my Co-Director/Editor and best friend, Carla Christopher, we talked about what kind of projects we would like to be doing. The concept of *Bipolarity* was so appealing to us because it reflected the relationships we wanted to be a part of in our own art community.

This book is about two women, separate yet intertwined, and how they've been able to use art to communicate with each other and their loved ones.

We are pleased to share this collection of finely tuned beauty with our readers. This is truly a remarkable collective of visual and well-spoken thoughts by two of our favorite, cherished friends, Lori and Crystal.

Missi McLaren  
Co-Director/Editor  
PoemSugar Independent Press

